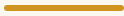




ABIDEROOTED

Serve Together Without the Stress

A 14-Day Family Service Challenge



FAMILY · SERVICE CHALLENGE · FREE RESOURCE

Using this guide

Read the full Scripture passage before the reflection. Choose one practical response, then pray in your own words. Work at a sustainable pace; days and sessions may be repeated. People may pass on a group question.

Find your next section

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Scripture quotations use the King James Version (KJV). Short quotations may be excerpts; read the cited passage in context. Prayer starters and reflections are devotional writing, not additional Scripture.

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Begin Here

A 14-day family service challenge with simple, low-pressure ideas to help families serve together and grow in compassion, based on Mark 10:45.

You want to serve together as a family. But between schedules, budgets, and the fear of making it complicated, it often feels easier to put it off. Maybe you've tried before and it fizzled out. Or perhaps you're not sure where to begin. This challenge is for you. It's simple, low-pressure, and designed to help your family experience the joy of serving - not out of guilt, but out of the grace you've received in Christ. Over the next 14 days, you'll find small, doable ways to love your neighbors and each other. You don't need a big platform or a lot of time. You just need a willing heart and a few minutes each day. Let's start.

TEACHING

Why Serve? Because Jesus Served

Mark 10:45

“For even the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many.”

Jesus didn't come to be served - He came to serve. As His followers, we're invited to walk in His steps. Serving others isn't about earning God's favor; it's a response to the grace we've already received. When we serve, we become more like Jesus, and our families grow in compassion and unity. This challenge is not about checking off tasks to feel good about ourselves. It's about opening our eyes to the needs around us and letting God shape our hearts through simple acts of love.

Put It Into Practice

Gather your family and read Mark 10:45 together. Talk about what it means that Jesus came to serve. Then, as a family, commit to the 14-day challenge. Print the checklist below and place it where everyone can see it. Each day, choose one service idea to do together. You can do them in any order. The goal is not to be perfect but to be present and willing.

Reflect & Talk Together

1. What does it mean to you that Jesus came to serve, not to be served?
2. How do you feel about serving others? Is there any fear or hesitation?
3. What is one way you'd like to see your family grow through this challenge?

Prayer

Lord Jesus, thank You for showing us what true service looks like. Help our family to serve with joyful hearts, not out of duty but out of love for You and others. Give us eyes to see needs and courage to step out. Amen.

ACTIVITY

The 14-Day Service Challenge

Galatians 5:13

“For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.”

Paul reminds us that we're free in Christ - free to serve one another in love. This challenge is an opportunity to use your freedom to bless others. Each day, pick one idea from the list. You can do it together as a family or assign it to one member. The key is to serve with a cheerful heart, not grumbling. Remember, even small acts of kindness can have a big impact.

Put It Into Practice

Here are 14 simple service ideas. Choose one each day. Check it off when done.

1. Write a thank-you note to someone who serves your family (teacher, mail carrier, etc.).
2. Bake cookies or make a meal for a neighbor.
3. Pick up litter in your neighborhood or local park.
4. Donate gently used toys or clothes to a local charity.
5. Make a care package for a homeless shelter or food bank.
6. Visit a neighbor who might be lonely and spend

time with them.

7. Do a chore for a family member without being asked.

8. Pray for a different country or people group each day this week.

9. Make bird feeders or plant flowers to beautify a shared space.

10. Offer to help an elderly person with yard work or errands.

11. Create encouraging cards for patients at a children's hospital.

12. Clean up after an event at church or in your community.

13. Share a meal with a family in need or invite someone over for dinner.

14. Spend time as a family talking about what you learned and thank God for the opportunity to serve.

Reflect & Talk Together

1. Which service idea are you most excited about? Why?

2. How did you feel while serving? Did you notice any change in your heart?

3. What did you learn about God or yourself through serving?

Prayer

Father, thank You for the freedom we have in Christ. Help us to use that freedom to serve others in love. Give us creativity and energy to complete this challenge. May our actions point others to You. Amen.

REFLECTION

Reflecting on the Journey

Matthew 25:40

“And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.”

Jesus identifies with the needy. When we serve others, we serve Him. This truth elevates even the smallest act of kindness. As you complete the challenge, take time to reflect on what God has done in your family. You might be surprised by the joy that comes from serving together.

Put It Into Practice

Gather as a family and share your experiences. Use the reflection questions to guide your conversation. Then, as a family, decide on one way to continue serving regularly. It could be monthly or weekly. Write it down and commit to it. Celebrate what God has done in your hearts.

Reflect & Talk Together

1. What was the most meaningful service act you did? Why?
2. How did serving together affect your family relationships?
3. What is one thing you want to remember from this challenge?
4. How can you make serving a regular part of your family life?

Prayer

Lord, thank You for the opportunity to serve You by serving others. We are grateful for the lessons learned and the bonds strengthened. Help us to continue walking in Your footsteps, serving with love and humility. Amen.

Continue Abiding

You did it! By completing this challenge, you've taken a step toward making service a natural part of your family's life. Remember, it's not about perfection or performance. It's about opening your heart to God's love and letting it flow through you to others. May your family continue to grow in compassion and faith as you serve together. And may you always remember that Jesus came to serve, and He invites you to do the same.

Go Deeper

You've experienced the joy of serving together. But you might wonder: How do we help our children truly embrace faith for themselves? In 'Will They Keep the Faith?' you'll find practical guidance for nurturing lasting faith in your children, even in a challenging world. This book offers wisdom for making faith a natural part of everyday life, so that the compassion you've just practiced becomes a foundation for a lifelong relationship with God.